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The Tantra Experience: Evolution Through Love



Synopsis

This life is a gift from existence, to be lived and enjoyed. But with the seemingly impossible and conflicting demands of society, morality and culture, people struggle with feelings of unfulfilled potential, frustration and guilt, rather than living full lives. The world of Tantra has no division between higher and lower. The simple, ordinary, things of life are transformed into great things when we enter into them totally -- be it car fixing, floor cleaning or lovemaking. Osho shows how, living this vision, new heights of consciousness and freedom are realized. "The days of tantra are coming. Sooner or later tantra will explode for the first time in the masses, because for the first time the time is ripe -- ripe to take sex naturally. One thing to be remembered always: if you are not very alert you may go on believing that you are moving into tantra, and you may be simply rationalizing your sexuality -- it may be nothing but sex, rationalized in the terminology of tantra. If you move into sex with awareness, it can turn into tantra. If you move into tantra with unawareness, it can fall and become ordinary sex."

Book Information

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Customer Reviews

This is the best book on tantra I've read. It is clearly grounded in what is sometimes called

"no-mind" or "no-thought" or "non-interpretive mind" which is the critical characteristic of a buddha, someone who is awake. "Only buddhas are civilized." It's grounded in witnessing rather than goal-setting. Tantra is all about giving from being, sharing the one indivisible reality. "No-mind is the door of nirvana." This book is an excellent complement to his AWARENESS and INTUITION.

Such a clear vision, and an ability to communicate very complicated concepts in a so easily understandable language. But his real message is this : don't just read about it, experience meditation!

I really enjoyed this book. There were many jewels of wisdom to be found throughout. If I could give this book 4 1/2 stars I would. The only downside is that I read Tantric transformation first. That book had slightly more resonance with me. Overall very interesting and insightful.

I've always loved Osho tarot cards but this is a step above that, in that it gets you out of the ego mind that we humans are in for most of our lives, generally speaking. I did not know what Tantric experience was until I read some of this book which is a work in progress....more later.

Osho's words of wisdom are simply amazing, I really learned a lot from all of his books, including this book. It is more about how to remove our fears when it comes to relationships, how to remove our negative thoughts etc. What true love is vs. attachment. Really nice!

This is a book of discourses and questions/answers by Osho on Tantra. The discourses are very good. The question/answer sessions are occasionally long-winded. On the whole, it is an excellent book if you want to really understand Tantra. However, to really appreciate the book, you need to have some spiritual training or experience. Otherwise, you might end up dismissing or discounting Osho. He is authentic.

I had to buy the book after reading the sample. I recommend this to people interested in philosophy, culture, religion, non-dualistic spirituality. I can't wait to read more. It gives a deeper perspective on things.

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